

MAYOR'S MESSAGE

Craig A. Stough 7/10/2019

"Sylvania Triathlon/Duathlon"

The Sylvania Triathlon/Duathlon is holding its 39th annual event on Sunday, August 4, 2019 at Tam-O-Shanter Sports Complex and Olander Park. It is one of the oldest multisport events in the country. More and more of our residents are participating in this and other running events in the Sylvania area. The City of Sylvania welcomes the large field of participants, many them world class athletes, to our community.

The Sylvania Triathlon emulates the distances of the Olympic Triathlon: 1.5K swim, 40K bike and 10K run. In addition, the Sylvania Triathlon offers athletes a Duathlon: 5K run, 40K bike and 10K run, as well as a Sprint Distance Triathlon, especially designed for the more novice/beginner: .25 mile swim, 13 mile bike and 3.1 mile run. The competition includes different divisions for men and women according to age and for paratriathletes. Relay categories are available for a variety of three person teams.

The day before on Saturday, August 3rd, the 32nd annual Sylvania SuperKids Triathlon/Duathlon will be held. It is one of the oldest children's triathlons in the country and offers triathlons and duathlons of shorter distances according to age. It is open to all kids 7 to 14 years of age, and also offers a fun run open to 3-6 year olds.

Like the recently completed Marathon Classic LPGA championship, the Sylvania Triathlon brings world class athletes from around the country to Sylvania. The athletes bring hundreds of family members and volunteers with them into Sylvania. In addition, hundreds of Sylvania residents will be participating, both as racing participants and as volunteers. Every year the events bring some inconvenience to nearby neighborhoods – thank you for your understanding and tolerance.

I have memories of the first Sylvania Triathlon held in 1981 at Olander Park. The swimmers raced north in Olander Lake, changed clothing in makeshift enclosures, and then raced on their bicycles south out of Olander Park. Now the racers swim a clockwise loop around Olander Lake and begin biking at Tam-O-Shanter. The sound of those hundreds of swimmers churning the water of Olander Lake early in the morning was as unique then as it is now.

Welcome to all the competitors and visitors to Sylvania! Best wishes for another great event this year!

